

## 18: Illness Exclusion Chart

Disease	Exclusion Days	Incubation
Chicken Pox	Until all the spots have scabbed over (chicken pox is infectious from the day before the spots appear until all the spots are dry.)	11-21 Days
German Measles	4 days from onset of rash (German measles is infectious 1 week before and at least 4 days after the rash first appears)	14-21 Days
Measles	7 days from onset of rash (Measles is infectious from a few days before until 4 days after the rash first appears).	7 - 12 Days
Mumps	Up to 10 days from onset of swelling	14 -21 Days
Whooping Cough	From the first signs of the illness until about 6 weeks after the coughing first starts. If an antibiotic is given the infectious period is up to 5 days after the beginning of the course of treatment.	7 - 14 days
Impetigo	Until scabs have come off	
Conjunctivitis	Medication essential. Eyes must be clear on return. Children cannot come to the nursery for the first 48 hours of an antibiotic course.	
Hand, Foot & Mouth	Until lesions have healed. 7 / 10 days	
Sickness / Diarrhoea	Must be clear for 48 hours before returning. Staff 24 hours.	
Other Infections	Exclusion advice to be given by nursery staff in consultation by the Manager.	